

Danish Dash 5K

Saturday, December 1, 2018

Race Information

Our names are Eric Gronbeck, Wes Rodu, and Drew Lipinski, and we are currently juniors at Eden Christian Academy. As part of our graduation requirement, we have chosen to organize a charity 5K to benefit the International Disaster Emergency Service (IDES), a 501(c)(3) international disaster response organization which helps those afflicted by natural disasters around the world. The proceeds from this event will directly benefit victims of Hurricane Florence, which struck the East Coast of the U.S. this past September. IDES provides shelters, food supply kits, and other basic necessities for victims of natural disasters in the immediate aftermath of these events.

Location: Pie Traynor Field, North Park, S Ridge Drive, Allison Park, PA 15101

Date/Time: Saturday, December 1, 2018

Pre-registration: 8:30 AM-9:30 AM

5K Run/Walk starts at 10:00 AM

Entry Fee: \$20.00 pre-registration (before 11-28); \$25.00 day-of-race
registration fee

Or register online at <http://www.danishdash5k.weebly.com>

Checks can be made out to International Disaster Emergency Service

Registration Form can be found on the following page.

Registration Form

First name: _____ Last name _____

Age on race day: _____ Gender: Male Female

Email: _____ Phone: _____

Street address:

City: _____ State: _____ Zip: _____

Choose a race to enter:

5K Run 5K Walk

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Waiver

Release: By signing this application, I hereby waive, discharge, and release myself from any and all claims, damages, demands and courses of action of any kind, including negligence that I may have against the volunteers, sponsors, and organizers of this event, which may arise from my participation in this event. I hereby certify that I am physically fit to participate.

By checking this box, I agree to the waiver above

Signature (parent/guardian if under 18): _____ Date: MM / DD /
YYYY

